



Thriving Responder: Financial Strength and Holistic Well-Being

Your Pathway to Life Long Success

GOAL: The ON CALL PROJECT (OCP) provides resources for the professional development and personal growth of First Responders in search of opportunities to translate their skill set into the private sector.

Through a curated network of business professionals, OCP aims to develop tailored programs to equip those that have served their community with the tools, knowledge, and resources to thrive in their elongated careers now in the private sector.

WHAT:

- 1) We support First Responders with resources to put their skills and expertise to work in the private sector.
- 2) We partner with businesses and connect them with skilled employees.
- 3) We serve families by extending the careers of first responders and providing stability during job transitions.

4) We impact communities by empowering First Responders to flourish.

WHY:

- 1) First Responder average life span after their service is 5-7 years.
- 2) If the FR lives past the 5-7 years, average life expectancy is 66 years of age. Average Non-First Responder male is 82 yoa, average Non-First Responder female is 85 yoa.

OBJECTIVE: To repurpose our First Responders after they have left their service. Gaining a mindset of “moving on” to their second chapter can motivate and drive our FR community into being engaged after their service time. “Repurpose” is the key to giving the FR a positive outlook into their future. That outlook will give them possibility of elongating their life, giving stability in their home and getting them engaged into the community they just served.

HOW: This course will be given to the FR’s that we call “members”.

8 hours of CLEET Requested

- 1 hour from OCP CEO/ Retired Edmond Police Officer Jeff Morefield. He will give instruction on how to prepare for retirement, various different actions to take to ensure the FR is set up for success, what retirement looks like 12-18 months out, what retirement looks like on retirement day and what retirement looks like after the FR has left.

www.oncallproject.com

- 3 hour from Ken Stafford and Associates. Ken Stafford under his current approved CLEET instruction.

<https://www.primerica.com/kstafford&origin=customStandard>

- 2 hour from TRIAD Nutrition. Kevin Whilhite, a certified Personnel Trainer and Nutritionist will instruct the class on basic nutrition, geared towards our FR's. Focused on meal preparation, what food is best to eat while on the job, exercise regiment, tempo of sleep and they will also assist individual FR's with certain diets, body composition in attempt to give information to gain better physical fitness. www.triadfsn.com
- 2 hour from Viribus Counseling, retired Army Maj, Brian Anderson, a certified LPC, primarily focused on the mental health of First Responders/Military Veterans. His focus on this hour is "how do you prepare yourself for the transition". This is a huge issue within the FR community and Viribus gives a pathway to mentally forge the way into the private sector. www.viribus.life

OnCallProject Foundation Mentor Circle, which is comprised of prior First Responders who are successful in the private sector, council and mentor several of the members as they go through the course.

Jeff Morefield

CEO/Founder

OnCallProject Foundation

Edmond PD (R)